

# Intergenerational Nature Weekend

The Quaker Settlement  
Whanganui

2 to 4 October 2020



Presented and facilitated by  
**Cathy Macfie and Jos Russell**

Commencing with dinner on Friday at 6.30pm  
and ending with lunch on Sunday

## Intergenerational Nature Weekend

“The unutterable beauty of a blossom. The grace of a high-flying bird. The roar of wind in the trees: At one time or another in our lives, nature touches you... and me... I have never underestimated the value of such moments of touching and entering into nature. I have seen through my own experience and that of many others, that we can nourish that deeper awareness until it becomes a true and vital understanding of our place in this world.”

Joseph Bharat Cornell ‘Sharing Nature with Children’.

### What to expect

The weekend will bring us closer to nature through activities that use our senses to heighten awareness. Activities start by awakening enthusiasm; others bring into focus things that we might not notice. They lead us towards a deeper enjoyment of nature and our place in it. Through first hand experience we hope the weekend will be both fun and uplifting. It will cater for all ages but particularly 5 years upwards.

### What to bring

We shall be outside as much as possible so please come prepared for any weather! Sturdy footwear (or gumboots) and old clothes will be an advantage.

Send any course queries to [cathymacfie@xtra.co.nz](mailto:cathymacfie@xtra.co.nz)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Transport:

Arriving: Day \_\_\_\_\_ Time \_\_\_\_\_

I can offer \_\_\_\_ seat(s) in my/our car OR

Please collect me/us from:

Intercity Bus Depot  Whanganui Airport

(Note: we will only collect out of towners from Whanganui arrival points)

### Catering:

Simple wholesome vegetarian fare.

Gluten free catered for if indicated here:

Other special needs \_\_\_\_\_

The QEF 50% subsidy for Quakers, attenders, and their families applies to this seminar’s Settlement costs. This funding is available for one seminar during the year per individual. The full cost rate is given on the Registration form.

If you are claiming the QEF subsidy for this seminar, indicate here

### Accommodation and Total Costs (including registration and food)

Tick choice please

#### Units

Made up beds and towels provided \$164

#### Sleeping House

Bring sleeping bag, pillowslip and towel \$128

**Camping (caravan/tent)** \$110/102

**Living out** \$96

To Register

**Either, Online via [www.quakersettlement.co.nz](http://www.quakersettlement.co.nz)**

**Or** return this form to: 76K Virginia Rd, Whanganui 4500, **Or** email: with **all** details requested on the above form.

Bank account details for payment:

“Friends’ Settlement Seminar Account”

03 0791 0450066 00

**Please register asap but no later than 25 Sept 2020**

Send any registration queries to [shanemiddlemiss1@gmail.com](mailto:shanemiddlemiss1@gmail.com)